



Sault Ste. Marie YMCA

Pool Schedule 2021

March 1 - June 19, 2021

235 McNabb Street
 Sault Ste. Marie, ON P6B 1Y3
 T.705.949.3133
 info@ssmymca.ca
 www.sault.ymca.ca

Main Pool

Programs and Schedules are subject to posted changes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soo Y Dolphins 6:00 - 7:30am	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	Soo Y Dolphins 6:00 - 7:30am	LANE SWIM BOOKINGS	Soo Y Dolphins 7:15 - 9:30am
LANE SWIM BOOKINGS			LANE SWIM BOOKINGS		LANE SWIM BOOKINGS
Aqua Fit 9:15-10:00am	Aqua Fit 9:15-10:00am	Aqua Romba 9:00-9:45am	Aqua Fit 9:15-10:00am	Aqua Fit 9:15-10:00am	Swimming Lessons 9:30am - 1:00pm
LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	
CLOSED FOR FACILITY CLEANING 2:00 - 3:00PM					
LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	Silver HIIT h2o 3:15 - 4:00pm	LANE SWIM BOOKINGS
Soo Y Dolphins 4:00 - 5:30pm	Swimming Lessons 4:30 - 7:30pm	Soo Y Dolphins 4:00 - 5:30pm	Swimming Lessons 4:30 - 7:45pm	Soo Y Dolphins 4:30 - 6:30	
LANE SWIM BOOKINGS		Swimming Lessons 5:30 - 7:30pm		LANE SWIM BOOKINGS	
Aqua Fit 6:30 - 7:15pm		LANE SWIM BOOKINGS			
LANE SWIM BOOKINGS	Aqua Bootcamp 7:45-8:30pm	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	



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Leisure Pool

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS
UNAVAILABLE 9:15-10:00	UNAVAILABLE 9:15-10:00	UNAVAILABLE 9:00-9:45	UNAVAILABLE 9:15-10:00	UNAVAILABLE 9:15-10:00	Parent Assisted 9:00-9:30am
LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LANE SWIM BOOKINGS	Swimming Lessons 9:30am-1:00pm
Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	
LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	LANE SWIM BOOKINGS	
CLOSED FOR FACILITY CLEANING 2:00 - 3:00PM					
LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS
UNAVAILABLE 6:30-7:30pm	Swim Lessons 4:30-7:30pm	Swim Lessons 4:30-7:30pm	Swim Lessons 4:30-7:30pm		
LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS	LEISURE BOOKINGS		