

The YMCA in Sault Ste. Marie has played a vital role in helping to build healthy communities for more than 118 years. As a long-standing charity with a rich history in the community, we are very proud of the role that we have played in ensuring that everyone has a place where they belong. 2018-19 was a year of change at our YMCA. We said farewell to our CEO Kim Caruso, and welcomed a new CEO to help continue to guide our journey and strategic direction into the future. In this year's report we are thrilled to highlight significant growth in our child care programs as well as a diverse number of community programs which by working with our partners allows us to offer a place for members of our community to grow, learn and connect. A place for our community to belong.

We would be remiss if we did not say that none of the work that we do would be possible without you, our members, volunteers, donors, partners, staff and champions. You are the pillars of the important work that we do in our community and we look forward to a continued year of growth in 2019-20.

Tracey Cooke

YMCA Chief Executive Officer

Joel Rowswell
YMCA Board Chair





CHILD, YOUTH, AND FAMILY

Many of our members "Find their Y" through taking advantage of the hundreds of programs offered in the Child, Youth and Family department of the YMCA. Our wide selection of programs helps to build a stronger community. YBC basketball, martial arts and gymnastics continue to be the mainstay of the Sault Ste. Marie YMCA. The inclusion of recreational sports programs such as floor hockey and soccer give our young members the opportunity to experience team sports helping them develop teamwork, leadership, and sport specific skills. YMCA Summer Day Camps are the pillar of our summers giving children the opportunity to be active all summer long and giving them a chance to make lifelong friendships. The Leaders-In-Training program has shown growth with the number of registered participants. Our Babysitting and Home Alone courses have still been a staple of our child and



MEMBERSHIP SERVICES

Membership services continues to invest in new programming and services for our members. Our ongoing Strong Kids Campaign enables us to assist with memberships, summer camps, PA days, and holiday camps. The Sault Ste. Marie YMCA financially assisted \$111,002.30 in memberships in 2018/2019. On average there were 261 members per month who utilized financial assistance. Summer Camps Financial Assistance totaled \$14,448.60 for the 2018 summer season. Our

new Membership software, DFM
Dynamics for Memberships

continues to be developed to enable members to have a better self-serve online experience, from program registrations to applying for memberships in person or online. The launch of DFM is proposed for Fall 2019.

Vern 91 years of age

"I have been coming to the YMCA for 39 years. I have been exercising to help me do things like cut the grass, snow blow and keep my home up to date. I love the social aspect."

CHILDCARE

2018-19 was a year of expansion and excitement for the YMCA Child Care Program. Our newest site, Boreal opened all programming in October 2018. The YMCA now operates a total of 6 childcare centres to support the community of Sault Ste. Marie. We have over 400 families who participate in our programming. Parent engagement events were a huge success including events such as a Mother's Day Tea, Father's Day BBQ, Toddler Easter Day hunt and Preschool Graduation! 575 participants accessed the child minding services and the results of satisfaction surveys were increased. The After School Antics Program continued successfully to provide recreational programming for students in our community.



COMMUNITY PROGRAMS

The YMCA Youth Gambling Awareness Program (YGAP) is a free service funded by Ontario Ministry of Health and Long-Term Care. The program offers educational prevention awareness to youth and adults about gambling, including potential risks, making informed decisions and healthy living. YGAP provides a multi-faceted and innovative approach to problem gambling prevention through outreach, community education, and community awareness activities like community involvement projects and youth engagement initiatives. The program reached over 2300 youth and adults through workshops, events, and initiatives in the Algoma District.

We continue to partner with the United Way to run the Youth In Action program which ensures that children and youth have the supports necessary to successfully complete an appropriate level of education.





PEACE WEEK 2018

The 2018 Peace Medal Recipient for Sault Ste. Marie was Theodore (Teddy) Syrette for their work as a queer and indigenous advocate. Teddy received the peace medal at the Breakfast for Peace which was hosted in partnership with the Kiwanis Club of Lakeshore. Over 130 participants celebrated with keynote speaker Ontario Regional Chief RoseAnne Archibald. Other peace week events included a multicultural potluck and Proclamation at City Council. Close to 500 people participated in Peace Week activities.

STARTING TRANSITIONS TOWARDS EMPLOYMENT PROGRAM (STTEP)

At the YMCA we continue to offer the STTEP Program funded by Service Canada. This program assists youth in overcoming barriers to employment and help them develop a broad range of skills and knowledge in order for them to participate in the labour market. In 2018-19, 66 participates started the program. Participants receive in-class training which includes instruction on resume and cover letter writing, interview skills and job readiness skills. The program also provides certifications for WHMIS, Smart Serve, Service Excellence and First Aid/CPR. Participants then participate in a 12 week work placement with employers throughout the Algoma district in a variety of fields including hospitality, construction, manufacturing and retail.





Your Y by the numbers 2018-2019

3 954 people in our community and surrounding area BELONG to the Sault Ste. Marie YMCA

The Sault Ste. Marie YMCA Membership Financial Assistance totaled

\$111,002.30



Summer Camps Financial Assistance totaled

\$14,448.60



The YMCA Child, Youth and Family Programs supported over 10,932 children and youth.



Over **400**

48
Participants in the



Starting Transition Toward Employment Program

families participate in ChildCare programming



infant to school-aged children were cared for by our Child Care and Child Minding services

2,300
youth and adults participated in YMCA Youth Gambling Awareness Program workshops

March 31	2019	2018	March 31		2019	2018
Assets			Revenue			
Current			Membership	\$	1,355,077	1,318,067
Cash and short term investments \$	605,177	261,175	Program		328,037	352,248
Accounts receivable	68,054	66,808	Childcare		2,538,965	1,766,836
Supplies for sale	562	631	Government grants		619,172	571,576
Prepaid expenses	16,022	10,720	United Way support		-	192
	689,815	339,874	Service and supply		32,445	34,210
Restricted - Cash and short term			Donations and fundraising		77,402	61,256
investments	116,208	115,992	Amortization of deferred contributions		95,858	95,426
Capital assets	3,284,641	3,336,642	Lottery		5,705	8,005
\$	4,090,664	3,792,508	Other		74,606	65,306
Liabilities and Net Assets				_	5,127,267	4,273,122
Liabilities			Expenses			
Accounts payable and accrued liabilities	243,053	249,095	Wages and benefits		3,446,327	2,573,335
Payable to affiliated clubs	24,522	9,176	Program supplies		228,345	229,023
Deferred revenue	618,729	320,881	Building operations		732,934	732,903
Current portion of long term debt	103,760	72,136	Administration		321,352	273,691
Current portion of capital lease obligations	4,640	5,382	Affiliated organization fees		65,043	70,598
	994,704	656,670	Fundraising		8,074	11,050
Deferred contributions	1,643,053	1,728,115	Amortization		240,041	240,963
Long term debt	1,821,021	1,776,291	Interest and bank charges		8,923	8,709
Capital lease obligations	2,438	7,167	Interest on long term debt & leases		60,671	62,284
	4,461,216	4,168,243	Bad debts		10,374	6,773
Net Assets				-	5,122,084	4,209,329
Externally restricted	24,734	19,029	Excess (deficiency) of revenue over	-	-, ,	
Endowments	60,817	60,817	expenses	\$	5,183	63,793
Unrestricted	(456,103)	(455,581)				
	(370,552)	(375,735)				
	4,090,664	3,792,508				
Net assets (deficit), beginning of year	(375,735)	(439,528)				
Excess (deficiency) of revenue over expenses	5,183	63,793				
Net assets, end of year \$	(370,552)	(375,735)				

This financial information has been taken from the audited statements prepared by Joe Ruscio Professional Corporation. Complete financial statements are available upon request.

Volunteers

Barrett, Stephanie Beauchamp, Suzanne Beharriel, Ashley Beharriel, Rick Bennardo, Melodie Bertrand, Lori Bertrand, Ruth Bertrand, Shelley Biasucci, Dino Bourdage, Ronda Brown, Dylan Burns, Robert Bushnell, Ann Caruso, Kim China, Cheryl Ciaschini, Ann Ciaschini, Pat Clark, Logan Couturier, Emily Couturier, Sara Cressey, Rosemary D'Agostino, Tony Disisto, Brenda Driggan, Les Dudezki, Kyle Esposito, Jill Evans, Cole Fam, Poh Nyuk Fasulo, Maximus Ficociello, Erminia Frost, Christian Frost, Jason Gibbs, Robert Giodano, Alysha Ham, Hue Hig Hay, Autumn Hayman, David Hayman, Maryann Heimonen, Bridgette Hewgill, Emily Higham, Leo Higham, Lucas Hollaran, Cassady Juby, Nancy

Jylha, Lee

King, Liz Kales, Catherine Kubik, Janet Lafrance, Marty Laidlaw, Kirsty Lamming, Evan Lande, Mason Lawson, Donnie Lesage, Maxine Little, Alex Lougheed, Hugh Lougheed, Laura Lukenda, Danielle Luukkonen, Carly MacKinnon, Pat MacWilliams, Brittany Marandola, Maria McBride, Peter McLarty, Randy McLeod, Steve Melis, Phaedon Metcalfe, Lindsay Mills, Elaine Mitchell, Beth Morton, Willow Nixon-Holmes, Callum Notte, Allison Oben, Jacob Ouellet, Jocelyn Ougler, Cindy Pearson, Emma Peltonen, Halina Plaunte, Angela Poser, Wyatt Possamai, Ryan Prescott, Christine Rajotte, James Rajotte, Portia Rajotte, Tammy Rattle, Robert Robertson, Jason

Rowswell, Joel

Sawyer, Adele Seeler, Sharon Shackleton, Gavin Shackleton, George Shaule, Erika Smith, Mark Smith-Manklow, Tayton Spina, Rob Stevenson, Sandra Sweet, Sadie Sylvestre, Ila Tremblay, Todd Vanderleest, Bill Van Hoof, Camryn Watson, Allan Wiemer, Jeff Wiemer, Mike Wigmore, Kylee Williams, Judah Williams, Ron Wilson, Colin Wiseman, Charlotte Wuerdemann, Bella Wuerdemann, Ron Yun, Si Nui

Yun, Nui Nui

Yun, Shirley

Lindsay 40 years of age

"Being part of the Y for 35 plus years is just a huge part of who I became. The Y is my second home and now I get to enjoy it all over watching again by daughters my two experience its magic and make amazing memories of their own.



VOLUNTEER OF THE MONTH

For Zenns and Richard Metcalfe and their three children, volunteering is a family affair. The Metcalfes volunteer together at the Family YMCA and their "unique" service has earned the Rushmere Drive residents October's Volunteer Bureau Heart of Sault Ste. Marie award. Mrs. Metcalfe, a swimming Mrs. Metcalfe, a swimming

Marie award.

Mrs. Metcalfe, a swimming instructor at the McNabb Street Y, was the first family member to become involved in volunteering at the facility.

"It was 18 or 19 years ago when our oldest was a young boy and started taking swimming lessons," she recalled.

"I think it's just great."
Son Ryan, now a 21-year-old
student at the University of
Waterloo, joined junior leaders
when he was 12 years old and
helped in the pool.
After the family became
members of the 'Y's Men's
Club, Ryan was an exchange
student and the Metcaffes were
a host family for a student
from another country. He still
from another country. He still

Seventeen-year-old Candace, a Grade 12 student at Sir James Dunn high school, puts in eight to 10 hours a week as a com-

petitive gymnastics coach.
Lindsay, a 14-year-old Grad
9 SID student, is a coach in th
YBC baskerball program Satur
day afternoons at the YMCA.
Mr. Metcalfe, a Sault Boar
of Education teacher, joined th
volunteer ranks a few year
ago.

He serves on the executiv

"This family believes in helping others and appears to enjoys volunteering at the Family YMCA," says the organization that nominated the

If you have been missed, please accept our sincere apologies and contact us at info@ssmymca.ca

Donors

Amato Rosemarie Luke Baker Jeremy Barnes Belair Lee-Ann Debbie Bell Carmella Berardelli Berardelli Rosanne Budau Jonathan A Bob **Burns** Kim Caruso Anna Chikoski, Ann and Bruno Ciaschini **Tamara** Clark Melissa Colombo Cook Tori Adam Cowley Rosemary Cressey Samudra De Alwis Pauline Dewar **Edward** Dickey Willain **Edwards** Elizabeth Elizabeth King Ethan Mercer Dr. Poh Nyuk Fam Margaret & John Gardner Gardner Margaret Glassford Paul Wayne Greco Ginny Gulyas Cassady Halloran Todd Hocking John Kallonen Ihor Klymciw Christine Laitinen Maxine Lesage Barbara Lombardo

Peter Anne and Leo John Barb Ethan Robert Scott Dave Mike Marlene Laura Janet Alison Randy Cindy Cathy Tammy Patricia Mary Linda

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Construction Equipment Co. Dorthy's Yoga class **Esquire Club** Fit Bodies Fit Minds **GFL ENVIRONMENTAL Group Health Center Trust Fund**

Heavencent 2018 - St. Mary's College Kinsmen Club of Sault Ste Marie **Strong Minds** Reubara's Soo Mill

Winexpert

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Staff Service Awards

5 YEARS Barb Sharpe

10 YEARS Randy O'Brien

15 YEARS Cathrine Campbell

25 YEARS Cathy Parr

