Sault Ste. Marie YMCA

Pool Schedule 2022

June 19 - July 2, 2022

235 McNabb Street
Sault Ste. Marie, ON P6B 1Y3
T.705.949.3133
info@ssmymca.ca
www.ssmymca.ca

Main Pool

Programs and Schedules are subject to posted changes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ENDURANCE 6:00 - 8:45am	ENDURANCE 6:00 - 8:45am	ENDURANCE 6:00 - 8:45am	ENDURANCE 6:00 - 8:45am	ENDURANCE 6:00 - 8:45am	
Aqua Fit 9:00-9:45am	Aqua Fit 9:00-9:45am	Aqua Fit 9:00-9:45am	Aqua Fit 9:00-9:45am	Aqua Fit 9:00-9:45am	
ENDURANCE 10:00am - 2:30pm	ENDURANCE 10:00am - 2:30pm	ENDURANCE 10:00am - 2:30pm	ENDURANCE 10:00am - 2:30pm	ENDURANCE 10:00am - 2:30pm	ENDURANCE 12:00 - 3:00pm
OPEN SWIM (2 lanes) 2:30 - 8:30pm	OPEN SWIM (2 lanes) 2:30 - 8:30pm	OPEN SWIM (2 lanes) 2:30 - 8:30pm	OPEN SWIM (2 lanes) 2:30 - 8:30pm	OPEN SWIM (2 lanes) 2:30 - 8:30pm	OPEN SWIM (2 lanes) 3:00 - 6:00pm

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Pool Schedule 2022

June 19 - July 3, 2022

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Leisure Pool

Programs and Schedules are subject to posted changes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPEN SWIM 6:00 - 8:45am	OPEN SWIM 6:00 - 8:45am	OPEN SWIM 6:00 - 8:45am	OPEN SWIM 6:00 - 8:45am	OPEN SWIM 6:00 - 8:45am	
CLOSED 9:00-9:45	CLOSED 9:00-9:45	CLOSED 9:00-9:45	CLOSED 9:00-9:45	CLOSED 9:00-9:45	
OPEN SWIM 10:00- 11:00am	OPEN SWIM 10:00- 11:00am	OPEN SWIM 10:00- 11:00am	OPEN SWIM 10:00- 11:00am	OPEN SWIM 10:00- 11:00am	
Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	Aqua R.O.M. 11:15am- 12:00pm	
OPEN SWIM 12:15 - 8:30pm	OPEN SWIM 12:15 - 8:30pm	OPEN SWIM 12:15 - 8:30pm	OPEN SWIM 12:15 - 8:30pm	OPEN SWIM 12:15 - 8:30pm	OPEN SWIM 12:00 - 6:00pm