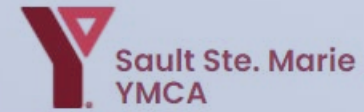


Main Pool Schedule

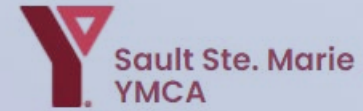
Effective: Jan 3, 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00-5:00pm Closed</p>	<p>6:00-7:30am Soo Y Dolphins</p>	<p>6:00-7:30am Soo Y Dolphins</p>	<p>6:00-7:30am Soo Y Dolphins</p>	<p>6:00-7:30am Soo Y Dolphins</p>	<p>6:00-8:00am Closed</p>	<p>7:15-9:30am Soo Y Dolphins</p>
	<p>7:45-9:00am Endurance</p>	<p>7:45-9:00am Endurance</p>	<p>7:45-9:00am Endurance</p>	<p>7:45-9:00am Endurance</p>	<p>8:00-9:00am Endurance</p>	<p>9:30am-12:30pm Swimming Lessons</p>
	<p>9:15-10:00am Aquafit</p>	<p>9:15-10:00am Aquafit</p>	<p>9:15-10:00am Aquafit</p>	<p>9:15-10:00am Aquafit</p>	<p>9:15-10:00am Aquafit</p>	<p>12:45-6:30pm Open Swim (2 lanes)</p>
	<p>10:15-1:45pm Open Swim (2 lanes)</p>	<p>10:45-4:15pm Open Swim (2 lanes)</p>	<p>10:15-1:45pm Open Swim (2 lanes)</p>	<p>10:15-4:15pm Open Swim (2 lanes)</p>	<p>10:15-1:45pm Open Swim (2 lanes)</p>	
	<p>2:30-3:15pm Forever Aqua</p>	<p>4:30-6:30pm Swim Lessons</p>	<p>2:00-2:45pm Silver HIIT h2o</p>	<p>4:30-7:45pm Swim Lessons</p>	<p>2:00-2:45pm Forever Aqua</p>	
	<p>3:15-4:00pm Open Swim</p>	<p>6:45-8:30pm Open Swim (1 lane)</p>	<p>3:00-4:00pm Open Swim</p>	<p>8:00-8:30pm Open Swim (1 lane)</p>	<p>3:00-4:15pm Open Swim (2 lanes)</p>	
	<p>4:00-5:30pm Soo Y Dolphins</p>		<p>4:00-5:00pm Soo Y Dolphins</p>		<p>4:30-6:30pm Soo Y Dolphins</p>	
	<p>5:45-7:15pm Endurance</p>		<p>5:30-6:30pm Swim Lessons</p>		<p>6:45-8:30pm Open Swim (1 lane)</p>	
	<p>7:30-8:30pm Underwater Hockey</p>		<p>6:45-8:30pm Open Swim (1 lane)</p>			

Leisure Pool Schedule

Effective: January 3, 2023



Sunday

9:00-5:00pm
Closed

Monday

6:00-11:00am
Open Swim

11:15am-12:00pm
Aqua R.O.M

12:15-8:30pm
Open Swim

Tuesday

6:00-9:45am
Open Swim

10:00-10:30am
Childcare

11:15am-12:00pm
Aqua R.O.M

12:15-1:45pm
Open Swim

2:00-2:30pm
Reserved

2:45-4:15pm
Open Swim

4:30-7:30pm
Swim Lessons

7:30-8:30pm
Open Swim

Wednesday

6:00-11:00am
Open Swim

11:15am-12:00pm
Aqua R.O.M

12:15-4:15pm
Open Swim

4:30-7:30pm
Swim Lessons

7:30-8:30pm
Open Swim

Thursday

6:00-11:00am
Open Swim

11:15am-12:00pm
Aqua R.O.M

12:15-1:45pm
Open Swim

2:00-2:30pm
Reserved

2:45-4:15pm
Open Swim

4:30-7:30pm
Swim Lessons

7:30-8:30pm
Open Swim

Friday

6:00-8:00am
Closed

8:00-11:00am
Open Swim

11:15am-12:00pm
Aqua R.O.M

12:15-8:30pm
Open Swim

Saturday

7:30-8:45am
Open Swim

9:00-9:30am
Parent Assisted

9:30am-12:30pm
Swimming Lessons

12:45-6:30pm
Open Swim