

Sault Ste. Marie YMCA Swim Lesson Schedule - Fall 2023

Swim lesson start on the week of October 2nd, For Bronze medallion and Sensory swim please see online schedule.

Age of Participants	Name of the Activity	Day	Start Time	# of Weeks
18 months - 3 years	Parents and Pollywogs	Mon	10:00 AM	10
18 months - 3 years	Parents and Pollywogs	Wed	10:00 AM	10
3 years - 5 years	Teensy Tadpoles	Mon	10:30 AM	10
3 years - 5 years	Teensy Tadpoles	Wed	10:30 AM	10
4 years - 7 years	Swim Lessons - Bobber	Mon	4:00 PM	10
4 years - 7 years	Swim Lessons - Bobber	Mon	4:30 PM	10
4 years - 7 years	Swim Lessons - Bobber	Wed	4:00 PM	10
4 years - 7 years	Swim Lessons - Bobber	Wed	4:30 PM	10
4 years - 7 years	Swim Lessons - Bobber	Thu	4:30 PM	10
4 years - 7 years	Swim Lessons - Bobber	Thu	5:00 PM	10
4 years - 7 years	Swim Lessons - Bobber	Fri	6:00 PM	10
4 years - 7 years	Swim Lessons - Bobber	Sat	11:00 AM	10
4 years - 7 years	Swim Lessons - Bobber	Sat	11:30 AM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Sun	11:00 AM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Mon	5:00 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Tue	5:30 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Tue	6:30 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Wed	5:00 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Wed	5:30 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Thu	5:00 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Thu	5:30 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Thu	6:30 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Fri	6:00 PM	10
4 years - 7 years	Swim Lessons - Floater/Glider	Sat	11:00 AM	10
4 years - 7 years	Swim Lessons - Diver	Mon	6:30 PM	10
4 years - 7 years	Swim Lessons - Diver	Tue	5:00 PM	10
4 years - 7 years	Swim Lessons - Diver	Wed	5:30 PM	10
4 years - 7 years	Swim Lessons - Diver	Thu	6:00 PM	10
4 years - 7 years	Swim Lessons - Diver	Sat	10:00 AM	10
4 years - 7 years	Swim Lessons - Diver	Sat	10:30 AM	10
4 years - 7 years	Swim Lessons - Diver	Sat	11:30 AM	10
7 years - 13 years	Swim Lessons - Otter/Seal	Mon	5:30 PM	10
7 years - 13 years	Swim Lessons - Otter/Seal	Mon	5:00 PM	10
7 years - 13 years	Swim Lessons - Otter/Seal	Tue	5:30 PM	10
7 years - 13 years	Swim Lessons - Otter/Seal	Tue	5:00 PM	10
7 years - 13 years	Swim Lessons - Otter/Seal	Wed	6:30 PM	10
7 years - 13 years	Swim Lessons - Otter/Seal	Sat	10:00 AM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Sun	11:00 AM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Mon	5:30 PM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Mon	6:00 PM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Tue	6:00 PM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Wed	5:00 PM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Wed	6:30 PM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Sat	10:30 AM	10
7 years - 13 years	Swim Lessons - Dolphin/Swimmer	Sat	11:30 AM	10
9 years - 14 years	Swim Lessons - Star 1-2	Sun	10:00 AM	10
9 years - 14 years	Swim Lessons - Star 1-2	Sun	10:30 AM	10
9 years - 14 years	Swim Lessons - Star 1-2	Mon	5:00 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Tue	5:30 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Tue	6:00 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Wed	5:00 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Wed	6:00 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Thu	4:30 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Thu	5:30 PM	10
9 years - 14 years	Swim Lessons - Star 1-2	Sat	11:00 AM	10
9 years - 14 years	Swim Lessons - Star 3-4	Sun	10:00 AM	10
9 years - 14 years	Swim Lessons - Star 3-4	Sun	10:30 AM	10
9 years - 14 years	Swim Lessons - Star 3-4	Sun	11:00 AM	10
9 years - 14 years	Swim Lessons - Star 3-4	Mon	6:00 PM	10
9 years - 14 years	Swim Lessons - Star 3-4	Tue	6:00 PM	10
9 years - 14 years	Swim Lessons - Star 3-4	Tue	6:30 PM	10
9 years - 14 years	Swim Lessons - Star 3-4	Wed	6:00 PM	10
9 years - 14 years	Swim Lessons - Star 3-4	Thu	5:30 PM	10
9 years - 14 years	Swim Lessons - Star 3-4	Sat	10:30 AM	10
9 years - 14 years	Swim Lessons - Star 5-6	Mon	5:30 PM	10
9 years - 14 years	Swim Lessons - Star 5-6	Thu	5:00 PM	10
9 years - 14 years	Swim Lessons - Star 5-6	Sat	10:00 AM	10
16 years +	Swim Lessons - Adult Beginner	Mon	10:15 AM	10
16 years +	Swim Lessons - Adult Beginner	Mon	6:30 PM	10
16 years +	Swim Lessons - Adult Beginner	Wed	10:15 AM	10
16 years +	Swim Lessons - Adult Intermediate	Mon	11:05 AM	10
16 years +	Swim Lessons - Adult Intermediate	Wed	11:05 AM	10
13 years +	Bronze Cross	Fri	5:00 PM	4
13 years + OR Bronze STAR certification	Bronze Medallion	Fri	5:00 PM	10
11 years - 15 years	Lifesaving Club	Fri	5:00 PM	10
all ages	Sensory Swim - Oct 25, Nov 29, Dec 20	Wed	7:30 PM	1