

Gymnasium Schedule

Effective: October 2, 2023

updated 09/18/2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am-11:15am Open Gym	6:00am-8:45am Open Gym	6:00am-8:45am Open Gym	6:00am-8:45am Open Gym	6:00am-9:45am Open Gym	6:00am-8:45am Open Gym	7:00am-11:45am Open Gym
11:30am-1:45pm Reserved <i>Note: In the event that the Gymnasium is not used for a reserved function during this time, it will be made available for Open Gym.</i>	9:00am-12:45pm Pickleball	9:00am-11:45am Pickleball	9:00am-12:45pm Pickleball	10:00am-11:00am YMCA Childcare	9:00am-1:00pm Pickleball	12:00pm-3:30pm YBC Skills
	1:00pm-6:00pm Open Gym	12:00pm-1:00pm Reserved <i>(fitness For Breath)</i>	1:00pm-4:45pm Open Gym	11:15am-11:45am Open Gym	1:15pm-5:15pm Open Hoops	3:45pm to 5:30pm Open Hoops
	6:15pm-7:15pm Youth Volleyball	1:15pm-4:45pm Open Gym	5:00pm-6:00pm FUNDamentals Soccer	12:00pm-1:00pm Reserved <i>(Fitness For Breath)</i>	5:30pm-8:30pm Reserved <i>(Immigration Bball youth and general)</i>	
2:00pm-3:30pm Adult Volleyball 14+	7:30pm-8:30pm Advanced Volleyball 14+	5:00pm-6:00pm FUNDamentals Basketball	6:15pm-7:15pm Y Soccer FC	1:15pm-4:45pm Open Hoops		
		6:15pm-7:15pm All Sorts of Sports	7:30pm-8:30pm Open Hoops	5:00pm-6:00pm FUNDamentals Hockey		
		7:30pm-9:00pm Reserved <i>(Soo Basketball League)</i>		6:15pm-7:15pm Youth Floor Hockey League		
				7:30pm-8:30pm Volleyball All Ages		

Volleyball

Serve, volley, bump, block and more for the new and experienced player.

Please note: Monday's Volleyball is for Advanced players. Please note that Advanced Volleyball requires a high level of skill to participate. Our volunteers reserve the right to evaluate any player's skills before playing. If necessary, you may be asked to attend another day to build the required skills.

