

GYMNASIUM SCHEDULE

Effective: January 7, 2024 to June 17, 2024

Updated 1/11/2024 (Please refer to March Break Calendar for March 10 - 16, 2023)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am-11:15am Open Hoops	6:00am-8:45am Open Hoops	6:00am-8:45am Open Hoops	6:00am-8:45am Open Hoops	6:00am-9:45am Open Hoops	6:00am-8:45am Open Hoops	7:00am-11:45am Open Hoops
11:30am-1:45pm Reserved	9:00am-12:45pm Pickleball	9:00am-11:45am Pickleball	9:00am-12:45pm Pickleball	10:00am-11:00am Childcare	9:00am-12:45pm Pickleball	12:00pm-3:30pm YBC Skills
2:00pm-3:30pm Adult Volleyball 14+	1:00pm-6:00pm Open Gym	12:00pm-1:00pm Reserved <i>(Fitness For Breath)</i>	1:00pm-4:45pm Open Gym	11:15am-11:45am Open Gym	1:15pm-5:15pm Open Hoops	3:45pm-5:30pm Open Hoops
	6:15pm-7:15pm Youth Volleyball	1:15pm-4:45pm Open Gym	5:00pm-7:15pm Youth Soccer	12:00pm-1:00pm Reserved <i>(Fitness For Breath)</i>	5:30pm-8:30pm Reserved <i>(Immigration Basketball youth and general)</i>	
	7:30pm-8:30pm Advanced Volleyball	5:00pm-6:00pm FUNDamentals Basketball	7:30pm-8:30pm Open Hoops	1:15pm-4:45pm Open Hoops		
		6:15pm-7:15pm All Sorts of Sports		5:00pm-6:00pm FUNDamentals Hockey		
		7:30pm-9:30pm Reserved <i>(Soo Women's Basketball League)</i>		6:15pm-7:15pm Youth Floor Hockey League		
				7:30pm-8:30pm Volleyball All Ages		

Volleyball

Serve, volley, bump, block and more for the new and experienced player.

Please note: Monday's Volleyball is for Advanced players. Please note that Advanced Volleyball requires a high level of skill to participate. Our volunteers reserve the right to evaluate any player's skills before playing. If necessary, you may be asked to attend another day to build the required skills.