

GYMNASIUM SCHEDULE

Effective: May 11, 2025

Updated 05/08/2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am-11:15am Open Gym 11:30am-1:45pm Reserved YMCA Bookings 2:00pm-3:15pm Open Hoops 3:30pm-4:30pm Drop-In Volleyball	6:00am-8:45am 1/2 crt Pickleball 1/2 crt Open Hoops 9:00am-12:30pm Pickleball 12:45pm-3:45pm Open Gym 4:00pm-8:30pm Men's Advanced Pickleball League	6:00am-8:45am 1/2 crt Pickleball 1/2 crt Open Hoops 9:00am-12:30pm Pickleball 12:45pm-2:00pm Open Gym 2:15pm-4:45pm Open Hoops 5:00pm-6:00pm Jr. Goal Getters Soccer 5:00pm-6:00pm Sr. Kickstars Soccer 6:15pm-7:00pm Youth Fun Zone 7:15pm-9:00pm Elite 8 Basketball	6:00am-8:45am 1/2 crt Pickleball 1/2 crt Open Hoops 9:00am-12:30pm Pickleball 12:45pm-2:00pm Open Gym 2:15pm-4:45pm Open Hoops 5:00pm-6:00pm Jr. Floor Hockey Hype Squad 5:00pm-6:00pm Sr. Floor Hockey Hustle 6:00pm-7:00pm Sr. Volleyball Squad 7:15pm-8:30pm Open Hoops 6:00pm-7:00pm (AUDITORIUM) Into to Martial Arts ages 5-7 6:00pm-6:30pm ages 8-12 6:30pm-7:00pm	6:00am-8:45am 1/2 crt Pickleball 1/2 crt Open Hoops 10:00am-11:00am Reserved YMCA Childcare 12:45pm-2:00pm Open Gym 2:15pm-4:45pm Open Hoops 5:00pm-6:00pm Jr. Dribblers Basketball 5:00pm-6:00pm Sr. Swish Squad Basketball 6:15pm-7:00pm Youth Fun Zone 7:15pm-8:30pm Drop-In Volleyball	6:00am-8:45am 1/2 crt Pickleball 1/2 crt Open Hoops 9:00am-12:30pm Pickleball 12:45pm-8:30pm Open Gym	7:00am-9:00am Elite 8 Basketball 9:00am-3:00pm YBC Youth Basketball Program 3:15pm-5:30pm 1/2 crt Drop-In Volleyball 1/2 crt Open Hoops

Registered / Reserved Gymnasium activities are in RED. The gym is not open to drop in / unregistered member use during these times.

Drop-In Volleyball. Come out and practice your serves, setting, and spikes by joining in on a pick-up game of volleyball. Come alone or with a group of friends; all skill levels are welcome. Teams will be created as players arrive for each session. Regular team rotation and quick games will ensure everyone gets fair playing time. YMCA volleyballs will be provided or you are welcome to bring your own. Please ensure that you are wearing appropriate footwear and gym attire when playing.